

## 5 DAY DIET

Parents: Please keep a 5-day diet log on this page. Write down everything your child will and will not eat for each meal and snack. Please return this finished log after it is complete. Thank you!

	DAY #1	DAY #2	DAY #3	DAY #4	DAY #5
B R E A K F A S T					
S N A C K					
L U N C H					
S N A C K					
S U P P E R					
S N A C K					